



# EAST WEST KARATE/VMMA

328 York Rd. Warminster, PA 18974 215-441-8100

Summer Class Schedule – EFFECTIVE June 17th, 2019



## CHILDREN'S MORNING CLASSES :

**SUMMER HOURS ONLY!  
June 18th - August 22nd**

### Kids Ages 5 - 9 years old:

TUESDAY 10:00 - 10:45 am  
THURSDAY 10:45 - 11:30 am

### Kids Ages 10 and up:

TUESDAY 10:45 - 11:30 am  
THURSDAY 10:00 - 10:45 am

## TINY TIGERS (AGES 3 1/2 and UP) :

TUESDAY 4:30 - 5:00  
SATURDAY 10:00 - 10:30 am

## LITTLE DRAGONS TEAM:

MONDAY 4:00 - 4:30  
TUESDAY 6:30 - 7:00  
WEDNESDAY 5:45 - 6:15  
THURSDAY 5:00 - 5:30  
SATURDAY 10:30 - 11:00 am

## ALL STAR TEAM :

MONDAY 6:00 - 6:45  
TUESDAY 5:00 - 5:45  
FRIDAY 4:30 - 5:15

## CHILDREN'S EVENING CLASSES

### "A-Days"

#### White Belts :

MONDAY 6:00 - 6:45  
TUESDAY 5:00 - 5:45  
WEDNESDAY 5:00 - 5:45  
FRIDAY 4:30 - 5:15  
SATURDAY 11:00-11:45

## CHILDREN'S EVENING CLASSES

### "A-Days"

#### Yellow, Orange, Purple & Blue Belts

MONDAY 6:00 - 6:45  
TUESDAY 5:00 - 5:45  
FRIDAY 4:30 - 5:15

#### Green, Brown, Red & High Red Belts :

MONDAY 5:15 - 6:00  
TUESDAY 5:45 - 6:30  
FRIDAY 5:15 - 6:00

#### Junior Black Belts :

MONDAY 4:30 - 5:15  
TUESDAY 7:00 - 7:45  
FRIDAY 5:15 - 6:00

## CHILDREN'S SPARRING CLASSES

### "B-Days" :

### Kids Ages 6 - 9 years old:

WEDNESDAY 5:00 - 5:45 ("B" day - safety gear)  
THURSDAY 5:30 - 6:15 ("B" day - safety gear)  
SATURDAY 11:00 - 11:45 ("B" day - safety gear)

### Kids Ages 10 and up:

WEDNESDAY 4:15 - 5:00 ("B" day - safety gear)  
THURSDAY 4:15 - 5:00 ("B" day - safety gear)  
THURSDAY 6:15 - 7:00 ("B" day - safety gear)  
SATURDAY 11:45 - 12:30 ("B" day - safety gear)

**NOTE:** B-day classes are for All-Star team members and students in children's classes ONLY. All Students must have mandatory safety equipment for attendance on all "B" days!!!

**\*\*\* ALL Students MUST attend One "A" day and One "B" day Each Week!!!!**